





The Solution

The Orthospec™ treatment

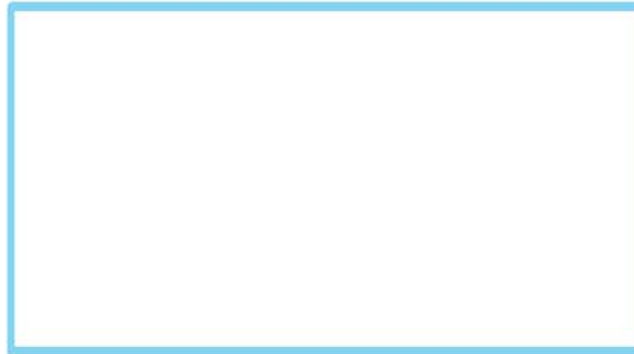
-  FDA approved
-  Faster recovery time and earlier return to normal activity vs. surgery
-  Significantly lower complication rate
-  Short treatment time



After the Orthospec™ Treatment

Results from the treatment may be immediate or may take some time. After treatment you will be evaluated by your physician again. Your physician may ask you to return 3 weeks or more after your treatment to assess the effectiveness of the treatment.

This brochure is not intended as a substitute for professional medical care. Only your doctor can diagnose and treat a medical problem.



The *Sound* Alternative to Surgery

Toll Free 888.663.3477 • Website www.medispec.com



Orthospec™

Extracorporeal Shock Wave Therapy

Patient Information Brochure

Treatment for patients suffering from Chronic Heel Pain



The *Sound* Alternative to Surgery



What is Extracorporeal Shock Wave Therapy?

Extracorporeal means "outside the body". Extracorporeal Shock Wave Therapy is a treatment method that applies acoustic energy to the heel tissue from outside the body.

What is Proximal Plantar Fasciitis or Chronic Heel Pain?

Proximal Plantar Fasciitis is the inflammation (irritation or injury to tissues) of the plantar fascia. Proximal means nearer to the heel of the foot. The plantar fascia is a tight band of fibrous tissue which begins at the heel, travels across the arch, and ends at the ball of the foot. The inflammation (irritation or injury to tissues) and pain is most often felt at the inner part of the heel and may extend into the arch.



What Causes Chronic Heel Pain?

Chronic heel pain is usually the result of repetitive over-use and over-loading (running, walking and standing) of the foot causing thickening of the plantar fascia, loss of elasticity and decreased blood flow to the tissue.



Orthospec™

Shockwave Treatment vs. Surgery ...the choice is yours

Orthospec™ treatment

Non Invasive

In office treatment

25 minutes treatment session

Less painful than surgery

Zero to a few days recovery time

Return to work same day

High success rate

Surgery

Invasive

Most commonly performed in surgery center or hospital

Procedure time 1-3 hours

Post-surgery pain treated with narcotics

3-4 weeks recovery time

Time off from work for recovery

High success rate