The Solution

The Orthospec™ treatment

- FDA approved
- Faster recovery time and earlier return to normal activity vs. surgery
- Significantly lower complication rate
- Short treatment time

After the Orthospec™ Treatment

Results from the treatment may be immediate or may take some time. After treatment you will be evaluated by your physician again. Your physician may ask you to return 3 weeks or more after your treatment to assess the effectiveness of the treatment.

This brochure is not intended as a substitute for professional medical care. Only your doctor can diagnose and treat a medical problem.
What is Proximal Plantar Fasciitis or Chronic Heel Pain?

Proximal Plantar Fasciitis is the inflammation (irritation or injury to tissues) of the plantar fascia. Proximal means nearer to the heel of the foot. The plantar fascia is a tight band of fibrous tissue which begins at the heel, travels across the arch, and ends at the ball of the foot. The inflammation (irritation or injury to tissues) and pain is most often felt at the inner part of the heel and may extend into the arch.

What Causes Chronic Heel Pain?

Chronic heel pain is usually the result of repetitive over-use and over-loading (running, walking and standing) of the foot causing thickening of the plantar fascia, loss of elasticity and decreased blood flow to the tissue.

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